



# MISSION VIEJO FAMILY YMCA

## Facility Hours

Monday–Friday: 5:30am– 8:00pm

Saturday – Sunday: 7:00am–2:00pm

## Kid Zone Hours

Monday–Saturday: 8:30am–11:30am

Monday–Thursday: 4:30pm–7:30pm

## Pool Hours

Monday–Friday: 7:00am–12:30pm | 2:00–7:30pm

Saturday – Sunday: 8:00am–1:30pm

## Lap Swim Only by Reservation (30 minutes / Lanes are shared)

Monday/ Tuesday: 7:00am–8:40am

Wednesday: 7:00am–8:10am

Thursday: 7:00am–9:10am

Friday: 7:00–8:40am

## Winter Open Swim / Lap Swim

(No reservations required for lap swim at these times. Lanes are shared and limited in afternoon and Saturday mornings due to swim lessons)

Monday/Tuesday: 10:00am–12:30pm | 2:00pm–7:30pm

Wednesday: 9:30am–12:30pm | 2:00pm– 7:30pm

Thursday: 10:30am–12:30pm | 2:00–7:30pm

Friday: 11:00am–12:30pm | 2:00pm–7:30pm

Saturday / Sunday: 8:00am–1:30pm

