



Our Mission

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

Our Vision

To improve lives and strengthen character through youth development, healthy living and social responsibility driven by passionate staff and volunteers.

Our Values

Caring, Honesty, Respect, and Responsibility – Our values are celebrated by staff and members and provide a positive foundation for all Y programs and a healthy connection with others.

Our Commitment

The Y is a nonprofit charity that serves the entire community. Donations support our scholarship program and our commitment to keep programs open for all.

Our Cause

Strengthening the foundation of communities.

YMCA OF ORANGE COUNTY
ymcaoc.org



BUILD A LIFETIME OF MEMORIES

Adventure & Family Guides

YMCA OF ORANGE COUNTY
ymcaoc.org

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ADVENTURE GUIDES

The Adventure Guides program was developed to help strengthen family relationships. As the parent of a young child, you have the tremendous opportunity to get to know your child. Spending quality one-on-one time with your child will help build a strong bond of trust and memories that will last a lifetime. We offer:

- Father/Daughter Expeditions
- Father/Son Expeditions

EVENTS & ACTIVITIES INCLUDE:

- Catalina
- Camp Outs
- Bowling
- Hiking
- Day Events
- Pinewood Derby
- Museum/Zoo Sleepovers
- Community Service Projects
- Monthly Gatherings
- And Much More!

Above events are a sample. Expedition leadership is responsible for event locations and dates.

FAMILY GUIDES

The Family Guides program provides opportunities for families to engage in activities that promote nature, family, fun, and community. Family Guides is for everyone! Our program and events are open for anyone in the community to join, including:

- Mom + Child(ren) / Mom + Mom + Child(ren)
- Dad + Child(ren) / Dad + Dad + Child(ren)
- Dad + Mom + Child(ren)
- Caregiver/Guardian + Child(ren) (e.g. Grandparent)

EVENTS & ACTIVITIES INCLUDE:

- Catalina
- Camp Outs
- Bowling
- Hiking
- Day Events
- Winter Camp
- Campfires
- Community Service Projects
- Monthly Gatherings
- And Much More!

SCAN TO
LEARN MORE!



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Benefits for Adventure & Family Guides Participants

Family Fitness Membership Discount

\$0 Join Fee **+ 50% OFF**

Active Adventure Guides program participants receive 50% off a family membership. That's only \$48.50/month for the whole family! Discount must be requested at the branch after Adventure Guides program enrollment. Discounts are not retroactive to previous months of service or membership at the time being requested.

Family Fitness Membership Features*:

- Access to fitness facilities
- Free weight loss programs and challenges
- Unlimited group exercise classes
- Complimentary child care onsite
- Monthly Date Night drop off events
- Outdoor patio & play areas
- Year-round access to heated pools

*amenities vary by location

Sign up today at ymcaoc.org/membership



Program Discounts

With your Family Fitness Membership
GET UP TO 50% OFF
these great programs:

- Soccer
- Basketball
- Volleyball
- Dance
- Gymnastics
- Swim Lessons
- Camps and more!

For a full list of program offerings, visit ymcaoc.org



Financial Assistance

Financial Assistance is available to families with a demonstrable need through the YMCA's Annual Campaign fundraising. We believe no family should be denied access to YMCA programs (including Adventure Guides and Family Guides) due to an inability to pay.

To learn more, visit ymcaoc.org/givegood or contact us for a scholarship application.