



# SafeSitter Courses: FAQ's



## 1. What age groups are eligible for the courses?

The Safe Sitter Essential Course is designed for grades 6th-8th, while the Grandparents Getting Started course is tailored for older caregivers 18+. The Safe @ Home course is suitable for younger kids, grades 4th-6th.

## 2. Is there a certification upon completion?

Yes, participants will receive a certificate of completion at the end of the course.

## 3. What if I need to cancel or reschedule?

We understand that plans can change. Please refer to our cancellation policy in the registration confirmation or contact us for assistance.

## 4. How long do the courses last?

The duration of each course varies: the Safe Sitter Essential Course lasts 5½ hours, the Grandparents Getting Started course is 3 hours, and the Safe @ Home course is 90 minutes.

## 5. What should participants bring to the course?

Children participating in the Safe Sitter Essential Course will need to bring a packed lunch. All registration forms must be completed for every course. We recommend wearing comfortable clothing, as there will be some kneeling involved.

## 6. How many people can take the course at once?

The Safe Sitter Essential and Grandparents Getting Started courses can accommodate up to 8 participants. For larger groups, please complete an inquiry form to discuss arrangements. The Safe @ Home course can accommodate up to 20 participants.

## 7. Can I request a specific date for a group session?

Yes, we encourage group inquiries to suggest preferred dates, and we will do our best to accommodate your request.

## 8. If I enroll my child in the Safe Sitter Essential Course along with CPR training, how long is the CPR course and where will it be held?

The CPR and First Aid Course is a blended format that includes both online and in-person components. The online portion lasts 3 hours, while the in-person portion is 2 hours. In-person sessions are available in Huntington Beach, Mission Viejo, Newport Beach, Laguna Niguel, and Fullerton.