



# MISSION VIEJO FAMILY YMCA

## Facility Hours

**Monday-Friday:** 5:30am- 8:00pm

**Saturday – Sunday:** 7:00am-2:00pm

## Kid Zone Hours

**Monday-Saturday:** 8:30am-11:30am

**Monday-Thursday:** 4:30pm-7:30pm

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## Pool Hours

**Monday-Friday:** 7:00am-12:30pm | 2:00-7:30pm

**Saturday – Sunday:** 8:00am-1:30pm

## Pool Hours- Lap Swim Only by Reservation (30 minutes)

(Lanes may be limited due to swim lessons)

**Monday/Wednesday:** 7:00am-8:50am | 10:00am-12:30pm 2:00pm-3:20pm

**Tuesdays:** 7:00am-8:50am | 11:20am-12:30pm | 2:00pm-3:20pm

**Thursday:** 7:00am-8:50am | 10:45am-12:30pm 2:00pm-3:20pm

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**Friday:** 7-8:50am | 11:20am- 12:30pm | 2:00pm- 5:00pm

**Saturday – Sunday:** 8:00am-1:30pm

## Open Swim

**Monday-Friday:** 10am-12:30pm | 2:00pm-6:00pm

**Saturday:** 11:30-1:30am

**Sunday:** 8:00am-1:30pm