



DIVE RIGHT IN NEWPORT-MESA FAMILY YMCA

MAY- AUGUST 2024

LAP POOL SCHEDULE

FOR MORE INFORMATION CONTACT:
KRISTEN FREUND -
KFREUND@YMCAOC.ORG

	MON	TUE	WED	THU	FRI	SAT	SUN
5:30 AM TO 7:00 AM	LAP (6 LANES)	LAP (6 LANES)	LAP (6 LANES)	LAP (6 LANES)	LAP (6 LANES)	POOL OPENS @ 7:00 AM	POOL OPENS @ 7:00 AM
7:00 AM TO 9:00 M	LAP (6 LANES)	LAP (6 LANES)	LAP (6 LANES)	LAP (6 LANES)	LAP (6 LANES)	LAP (6 LANES)	LAP (5 LANES) LESSONS (1 LANE)
9:00 AM TO 12:30 PM	LAP (6 LANES)	LAP (6 LANES)	LAP (6 LANES)	LAP (6 LANES)	LAP (4 LANES) LESSONS (2 LANES)	LAP (3 LANES) LESSONS (3 LANES)	LAP (5 LANES) LESSONS (1 LANE)
12:30 PM TO 3:30 PM	LAP (3 LANES) FAMILY (2 LANES) 12:30- 2:45 PM CAMP (1 LANE)	LAP (3 LANES) FAMILY (2 LANES) 12:30- 2:45 PM CAMP (1 LANE)	LAP (3 LANES) FAMILY (2 LANES) 12:30- 2:45 PM AQUA FIT (2 LANES) 1:15-2:00 PM CAMP (1 LANE)	LAP (3 LANES) FAMILY (2 LANES) 12:30- 2:45 PM CAMP (1 LANE)	LAP (3 LANES) LESSONS (1 LANE) FAMILY (2 LANES) 12:30- 2:45 PM AQUA FIT (2 LANES) 1:15-2:00 PM	LAP (4 LANES) FAMILY (2 LANES) 12:30- 2:45 PM POOL CLOSSES @ 2:45 PM	LAP (3 LANES) LESSONS (1 LANE) FAMILY (2 LANES) 12:30- 1:45 PM POOL CLOSSES @ 1:45 PM
3:30 PM TO 6:00PM	LESSONS (2 LANES) SWIM TEAM (2 LANES) 5:00- 6:00 PM LAP (2 LANES)	LESSONS (2 LANES) SWIM TEAM (2 LANES) 5:00- 6:00 PM LAP (2 LANES)	LESSONS (2 LANES) SWIM TEAM (2 LANES) 5:00- 6:00 PM LAP (2 LANES)	LESSONS (2 LANES) SWIM TEAM (2 LANES) 5:00- 6:00 PM LAP (2 LANES)	LESSONS (1 LANE) LAP (5 LANES)		
6:00PM TO 7:45 PM	LAP (3 LANES) FAMILY (2 LANES) LESSONS (1 LANE) 6:00-6:30 PM	LAP (3 LANES) FAMILY (2 LANES) LESSONS (1 LANE) 6:00-6:30 PM	LAP (3 LANES) FAMILY (2 LANES) LESSONS (1 LANE) 6:00-6:30 PM	LAP (3 LANES) FAMILY (2 LANES) LESSONS (1 LANE) 6:00-6:30 PM	LAP (4 LANES) FAMILY (2 LANES) LESSONS (1 LANE) 6:00-6:30 PM		

Due to safety, we may close the pool in the event of poor weather conditions or chemical imbalances –
Effective January 1, 2023