

Please Read Each Section Below.

1. ****Your membership will continue until you cancel (or at the expiration of your chosen membership term, if applicable), subject to YMCA's policies, procedures, and rules described on both sides of this form.**

2. Please present your Membership card each time you enter a YMCA branch. If you do not have your Membership card, a valid form of identification with your picture and date of birth on it is required.3. ****The Joining Fee is non-refundable and required for membership. If a membership has lapsed or canceled, the full Joining Fee MUST be paid upon return. Monthly dues are non-refundable unless charged in error.**

4. ****Cancellation Policy: The YMCA requires a 5-day written notification, via mail, email at membershipforms@ymcaoc.org or in person to your residing branch, prior to the next draft date (1st of every month) to cancel your facility membership. If a 5-day notice is not given, your full membership due amount will draft as scheduled. Cancellations by phone are not permitted.**

5. Bank drafts are continuous every month, regardless of use of the branch, until the proper change procedure is followed. If, for any reason, your check or electronic bank draft is returned, the following fees could be incurred: \$25.00 by the YMCA, \$25.00 from the collection agency, and your own bank's overdraft fee. The YMCA is not responsible for any collection fees assessed by individual banking centers or collection agencies.

6. Members are encouraged to bring guests. Each guest may receive one complimentary visit. Additional visits are \$12.00 each. All guests must provide a valid photo ID with date of birth upon visiting. All guests are required to take a tour of the facility and complete a Waiver of Liability form.

7. ****Membership fees are subject to change and you will be notified in advance of the adjustment to be made.**

8. By participating in the YMCA Nationwide Membership Program (the "Program"), I agree that YMCA of Orange County may share my YMCA membership information (e.g., [name, address, telephone number, e-mail address, date of birth and membership status]) with the National Council of Young Men's Christian Associations of the United States of America and its independent and autonomous member associations in the United States and Puerto Rico (collectively, "Y-USA") for purposes of my participation in the Program. I also agree to release YMCA of Orange County and Y-USA from claims of negligence for bodily injury or death in connection with the use of YMCA of Orange County and Y-USA facilities, and from any liability for other claims, including loss of property, arising out of or attributable to my participation in the Program, to the fullest extent of the law.

I understand the above information and agree to abide by all policies and procedures set forth by the YMCA of Orange County (rates are subject to change).

A copy of this agreement is available to you in your online member account.

Membership Rules

GENERAL MEMBERSHIP

- Any person who supports the YMCA's purpose may become a member of the YMCA in accordance with such provisions as may be established by the YMCA board of directors, and shall so continue to be a member unless the board of directors or its authorized agent concludes, in its sole discretion, that a member has failed to live up to the standards and commitments of being a member of this YMCA.
- The YMCA, founded on Christian principles and healthy lifestyles, prohibits behavior that is inappropriate related to: profanity or abusive language, theft of property, physical contact of others, criminal conduct, smoking, illegal drugs, and/or use of alcohol at the YMCA. The YMCA is a tobacco free facility.
- All YMCA participants are expected to practice good sportsmanship while honoring the organizational values of caring, honesty, respect, and responsibility.
- Each member must enter through the front door and present his/her valid membership card each time. A photo must be on file for each adult member.
- Memberships, as well as the accompanying card are not transferable. Any unauthorized use of cards may result in termination of membership.
- Changes to memberships, including cancellations, must be submitted in writing to the Membership Department. The YMCA requires a 5-day written notice to cancel your facility membership.
- Joining fees are non-refundable and must be paid again if membership lapses.
- YMCA staff may not provide outside services to members (e.g., babysitting, coaching, lessons, or personal training).
- No children under the age of 14 yrs are allowed on site without a member over 18 years old.
- The YMCA is not responsible for any lost or stolen articles. Lost and found items are kept for 14 days before they are discarded.
- All YMCA membership applicants and members are subject to sex offender registry screening. Registered sex offenders are prohibited from participating in the YMCA.

- The YMCA has procedures in place for concussions which include removal from activity when symptoms are present. Additionally, participants are required to wait at least 24 hours before returning to activity and be cleared by a health professional. We encourage parents and participants to receive concussion education at www.cdc.gov/headsup
- Members must obey all posted facility rules.

GUEST RULES

- All guests must show a valid photo ID and obtain a tour of the facility.
- All guests must fill out a YMCA Guest Waiver upon visit.
- All guests under 18 must have a waiver signed by their parent or legal guardian.
- All non-member guests will receive a one-time 3 Day Guest Pass. Daily fees apply after.
- The YMCA of Orange County participates in the National Reciprocity program. We reserve the right to impose use restrictions on visiting members when necessary. 3rd party paying memberships are not eligible for the program. Only YMCA of Orange County members are eligible for member pricing on programs.
- Visiting members must use their home YMCA 50% of the time. Those with extended visits greater than 28 days must transfer their membership during their stay.

USE OF TECHNOLOGY

- Cellular phones and other mobile devices may not be used in any locker room, restroom or in and around the KidZone.
- Please use common courtesy when using mobile devices in other areas of the YMCA. You must obtain consent of others who may appear in your photos or videos.
- Video of instruction by YMCA staff members (i.e. personal training, group exercise classes) must be approved in advance by YMCA management.
- Professional photography and videography must be approved in advance by YMCA management.

FITNESS CENTER

- Members must be at least 14 years old to use free weights.
- Members ages 12 and older may use cardio/strength equipment after having an orientation with a staff member.

- Youth members under the age of 12 are not permitted in the work out area.
- All personal belongings must be stored in a locker or cubbies. Lockers are available in the locker rooms (locks not provided).
- All members should use work out towels and wipe down equipment after use.
- Please re-rack your weights and return equipment to its proper place.
- Use collars on the ends of barbells to prevent injury to yourself and others.
- Use spotters when lifting heavy weight loads.
- 30 minute limit on cardiovascular equipment when others are waiting.
- Please do not bring food into the fitness facility.
- Unauthorized personal training or instructing is prohibited.
- Please dress appropriately for the activity in which you are participating. Athletic footwear and attire are recommended in classes and the fitness center. Shoes and shirts are required at all times.
- Group exercise classes will be canceled if no members have arrived 15 minutes after the scheduled start time.
- Members ages 12-13 can attend Group Exercise classes with an adult.

KID ZONE

- Only Family Facility Members may use the Kid Zone for their own children.
- Kid Zone is for children 6 weeks to 12 years old.
- Children cannot be left alone when staff is not present.
- Parents must stay on the facility grounds.
- Children must have closed toed shoes.
- 2 hours maximum per family per day.
- Food is not permitted in the Kid Zone. Bottles and closed container drinks are allowed if labeled.
- Children must be signed in and out by an authorized adult over 18 years old.

- Children who appear ill (i.e. runny nose) cannot use Kid Zone until symptoms are clear.
- It is recommended not to bring toys from home into Kid Zone.
- Staff is not permitted to change diapers. A parent/guardian will be contacted if needed.
- If a child is upset and inconsolable for more than 15 minutes, an adult/guardian must return to Kid Zone.

POOL & LOCKER ROOM

- Everyone must shower before entering pool.
- No running on the pool deck.
- No children under the age of 14 yrs are allowed in the pool area without a parent/adult.
- Please respect and follow all lifeguard instructions. They are here for your safety.
- Private swim instruction must be done by a YMCA certified swim instructor.
- Pool is subject to closure at the discretion of the YMCA.
- Laguna Niguel Facility- Only Y members have pool access. Guests and visiting YMCA members must pay an additional fee.
- Hair cutting and hair dying are not allowed in the locker room.
- Children 5 and under and of the opposite gender, may accompany their parent into the locker room.
- Lockers are day use only. No rentals or overnight storage is permitted.
- Every child under the age of 14 must be skill tested by a lifeguard to determine swim ability and will be given a wrist band indicating their swim level. Children given a red band must be accompanied within arms distance, in the water at all times, by an adult over 18.