



# YOUTH DEVELOPMENT @the Y

Enriching youth. Supporting families. Changing communities.

YMCA OF ORANGE COUNTY • [ymcaoc.org](http://ymcaoc.org)





# Why Programs Like the Y are Important

After the bell rings, **all children deserve to have a safe place to go** until their parents/caretakers get home from work.

Afterschool programs are an integral support for children, families and communities. When the school day comes to an end, **quality afterschool programs are keeping kids safe, inspiring them to learn**, serving as a source of support and comfort to working families and even helping working parents be more productive at work.

The Centers for Disease Control (CDC) states that **afterschool programs can help improve a student's report card and their health** while lowering their risks for too much sedentary screen time, bad food choices and high-risk social behavior. Unsupervised students often do not have opportunities to make healthy choices.

A 2016 report by the Centers for American Progress states that "misaligned school schedules cost the U.S. economy \$55 billion in lost productivity annually...First, they result in lower levels of full-time employment among women with elementary-school-age children... Second, the economy loses productivity due to school closings. When school is closed, many parents have to take time off from work in order to care for their children."

## This is where the Y comes in...

## The Facts\*

- 1** **2 p.m. to 6 p.m.** is the peak time for juvenile crime in California during school days, with 35% of juvenile crimes occurring during this time period.
- 2** **80% of parents** agree that afterschool programs help to give parents peace of mind about their children when they are at work.
- 3** With **2.4 million students** in California waiting to get into an afterschool program, increased investment in afterschool programs is needed.
- 4** Afterschool programs provide a solid return on investment. Research spanning several states shows that **every \$1 invested in afterschool programs saves at least \$3** by:
  - Increasing kids' earning potential
  - Improving kids' performance at school
  - Reducing crime and juvenile delinquency

# Who is the Y?

At the Y, our purpose is strengthening communities with a focus on three key areas of impact: youth development, healthy living and social responsibility. We serve Orange County, Riverside County, Pomona Valley, and East San Gabriel Valley through 6 Health & Wellness locations (Diamond Bar, Fullerton, Huntington Beach, Laguna Niguel, Mission Viejo and Newport-Mesa), 2 program centers (Rancho Mission Viejo and Yorba Linda/Placentia), an aquatics and soccer complex (Santa Ana), numerous community services and youth programs, 80 child & youth development centers, preschool & early learning programs and TK-kindergarten wrap around programs. Donations, grants and legacy gifts ensures Y programs are "Open to All" regardless of an individual's or family's financial circumstances. 100% of donations support our Financial Assistance Program or subsidized programs for marginalized populations.



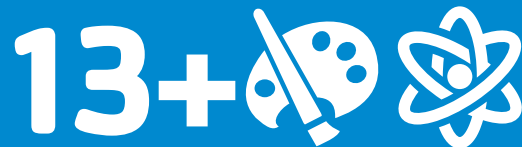
**7,804**  
students served daily



before &  
afterschool  
centers  
on school  
campuses



trained staff who provide interactive, caring  
and quality daily service to the students



enrichment clubs  
offering students the opportunity  
to learn and explore their interests

**17 ASES**

(After School Education & Safety Programs)  
This program supports low-income families by  
providing a safe and educational after school  
environment through state grants.

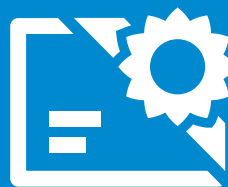
**1**

Inclusion Program for children  
with special needs or disabilities  
that supports them in becoming  
independent, engaged, and successful  
in their educational setting



**\$1.1**  
million

in financial  
assistance  
provided to  
families in need



The YMCA of Orange County:

- Is licensed by the state of California\*
- Is Council on Accreditation (COA) accredited\*
- Conducts regular quality assurance audits

\*select locations

# Our Impact Results

## Achievement & Health\*

88% gain new knowledge, skills and abilities

89% become more physically active

88% build confidence

85% discover what they can achieve

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## Character & Giving\*

91% demonstrate caring, honesty, respect and responsibility

88% volunteer and help others

86% value differences in others

92% collaborate with other children

87% make connections between their choices and potential consequences

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## Relationships & Belonging\*

91% feel a relationship between their child and the staff

90% feel a sense of belonging to this program

94% build friendships



# Parents Trust the Y

**98%**

of parents feel their child is safe at the Y\*



**96%**

feel satisfied with the quality of the Y programming\*



**94%**

of parents believe the Y has a positive impact on their child's social development\*

\*2018 YMCA Parent Survey

# Our Foundation



## Our Mission

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.



## Our Vision

To improve lives and strengthen character through youth development, healthy living and social responsibility driven by passionate staff and volunteers.



## Our Values

Caring, Honesty, Respect, and Responsibility – Our values are celebrated by staff and members and provide a positive foundation for all Y programs and a healthy connection with others.



## Our Commitment

To keep programs open for all. The Y is a nonprofit, charitable organization that serves the entire community. Donations support our scholarship program and Our Commitment.



## Our Purpose

To strengthen communities.

# Why the Y?

The YMCA is a safe and enjoyable before & after school program for students to be with friends while participating in organized educational and physical activities. Highlighted by character development activities, the Y will assist in providing students with the tools needed to grow into successful young adults. We offer:



**On campus program centers:** Located right on school campuses, we provide an age-appropriate and active learning environment where school age children learn cognitive, physical and social development skills. Fee-based and state funded (After School Education & Safety, ASES) program options available.



**Clubs:** Year-round, the Y offers enrichment opportunities for students to expand their knowledge and interests. We offer clubs including (but not limited to) Science, Engineering, Sports, Art, Cooking and Esports.



**Year-round hours of operation:** The Y offers hours that support the variety of schedules our students and families face. We have options for before school begins, after the school bell rings and on holidays or special days when school is closed.



**Highly-trained staff:** The team at the Y is passionate about children, families and education. While each teacher brings their own experience, we are continuously training our staff to provide the highest quality care to those we serve.



**Financial assistance:** We believe all families should have access to essential services. We offer a robust financial assistance program to help those in need ensure their child has a safe place to be after school.

## Our Partners

We work with highly qualified partners to deliver needed programs and services. Our partners include:



**Our  
Reach**

**East San  
Gabriel Valley**

**Pomona  
Valley**

**Orange County**



**YMCA OF ORANGE COUNTY**

Serving Orange County, Riverside County,  
East San Gabriel Valley and Pomona Valley

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